

# Hands On Outreach Opportunities

For those interested in pursuing any of these as a family or individuals. With many of these, there are opportunities to do hands on work either at home, or on-site.

## Table of Contents

- LIGHTHOUSE..... 2**
  
- PAUL’S PLACE ..... 6**
  
- ARUNDEL HOUSE OF HOPE ..... 8**
  
- SPAN .....10**
  
- YWCA .....12**
  
- ORPHAN GRAIN TRAIN .....14**
  
- HOPE FOR ALL.....15**
  
- WELLNESS HOUSE OF ANNAPOLIS .....17**

## Lighthouse

10 Hudson Street, Annapolis, MD 21401 (410) 349-5056

**Mission:** To rebuild lives with compassion by providing shelter and services to prevent homelessness and empower people as they transition toward employment, housing, and self-sufficiency.

### Typical Volunteer Times

- Bagged lunch drop off (Sunday through Thursday 9 AM – 7 PM)
- Front Desk (Monday through Friday: 9 AM – 7 PM in three hour shifts)
- Community lunch (1130-1330 (M-F))

### Volunteer Requirements:

- Age 18+ (11+ with an adult who has completed training)
- Application
- Online orientation
- Background check
- Some programs require additional training

### Programs and Services Offered:

- Emergency shelter
- Transitional housing
- Three week job readiness training
- Training and employment opportunities at Light House Bistro (50 seat restaurant and catering social enterprise)
- Career Advising
- Workforce Development
- Expungement
- Adult Basic Skills
- Resource Center
  - o Laundry and shower
  - o Case management and referrals
  - o Housing assistance
  - o Medical and medication bill assistance
  - o Community closet clothing
  - o Distribution of items such as personal hygiene kits and socks, etc..
  - o Intake/diversion assessment assistance
  - o Computer stations
- Food pantry
- Hot meals and bagged lunches

### Volunteer Opportunities:

- Community lunch
  - o Lunch server

- Bus Tables
- Conversation with guests
- Front desk operator
  - Answer phones and transfer calls
  - Buzz people in
- Carol's Closet Shop Days
  - Assist people shopping for clothing items
- Specific Skills Needed: (email [Volunteers@annapolislighthouse.org](mailto:Volunteers@annapolislighthouse.org))
  - Haircut and barber skills
  - Dentists
  - Lawyers for expungement

### **Potential Group Opportunities**

- Community SHINE (Service Helping in Neighborhood Events) Days
  - Targeted one day ask of the community (for example, landscaping, or painting stripes in parking lot)
  - Group opportunity
- Dinner Meal Program on site (Monday through Thursday: 4 PM to 7:15 PM)
- Pizza Night and Game Night Sponsor (Friday: 4 PM to 7:30 PM)
  - Provide Pizza for 50
  - Provide games
  - Provide little prizes (for example \$5 gift cars)
- Targeted Food Drive/Pantry Drive (email Kelly: [krulle@annapolislighthouse.org](mailto:krulle@annapolislighthouse.org))
- Prepare dinner: Prepare dinner for 50. You must use the approved Lighthouse cookbook. Email [parker.carlisle@gmail.com](mailto:parker.carlisle@gmail.com) to request a copy of the cookbook. Drop off before 3 pm. Coordinate with Anna Khacho [akhacho@annapolislighthouse.org](mailto:akhacho@annapolislighthouse.org) before cooking and dropping off.

### **Ways to Help from Home:**

Prepare and donate Summer Wellness Kits: Travel sized sunscreen, travel sized bug spray, chap stick, sting relief stick or wipes, and personal care wipes (no water required) in a ziplock bag (Coordinate dropoff with [volunteers@annapolislighthouse.org](mailto:volunteers@annapolislighthouse.org))

Prepare and donate Personal Care Kits: Travel size soap, shampoo, lotion, toothbrush and toothpaste, wash cloth, deodorant, chap stick, and hand sanitizer in a ziplock bag. (Coordinate dropoff with [volunteers@annapolislighthouse.org](mailto:volunteers@annapolislighthouse.org))

Prepare and donate Housewarming Kits: Include one or more item from each category below. Details available at [https://annapolislighthouse.org/wp-content/uploads/2021/01/Light-House-Housewarming-Kits-Individuals\\_2021-01-V2.pdf](https://annapolislighthouse.org/wp-content/uploads/2021/01/Light-House-Housewarming-Kits-Individuals_2021-01-V2.pdf) (Coordinate dropoff with [volunteers@annapolislighthouse.org](mailto:volunteers@annapolislighthouse.org))

#### **Kitchen**

- Pots/pans
- Dishes (set of 4)
- Silverware (set of 4)

- Glasses (set of 4)
- Measuring cups/spoons
- Spatula/cooking spoon set
- Dish towels
- Trash cans

### **Bathroom**

- Shower curtain and shower rings
- Set of bath towels
- Set of washcloths
- Set of hand towels
- Bath mat
- Toilet plunger
- Toilet brush
- Toilet paper

### **Bedroom**

- Pillows
- Twin or full sheet set
- Mattress pad
- Blanket
- Comforter
- Laundry basket

### **Cleaning Supplies**

- Garbage bags
- All-purpose cleaners
- Mop and bucket
- Broom and dustpan
- Paper towels
- Sponges
- Dish and hand soap
- Laundry detergent

### **Miscellaneous**

- Full size air mattress
- \$25 grocery gift card
- \$25 store gift card (Target, Goodwill, Dollar Tree)

Prepare and donate bagged lunches: (Sign up ahead of time: Dates available at <https://annapolislighthouse.org/get-involved/volunteer-opportunities/>) Commit to 25 total

- **Sandwich (Choose one): Do not use any other ingredients**
  - Turkey and cheese
  - Beef and cheese

- Ham and cheese
- Bologna and cheese
- **Healthy Snacks (Choose two)**
  - Carrot/celery sticks
  - Nuts/raisins/trail mix
  - Pudding cups
  - Granola Bar-Graham crackers
  - Pretzels/Popcorn/Healthy lunch size snack bags
  - Snack crackers (peanut butter/cheese)
  - Fresh Whole Fruit
  - Fruit Cup
- **1 case of bottled water (per 25 lunches)**

Paint rocks of hope and kindness: Handpainted palm sized rocks with bright colors and inspirational words or messages such as “You are loved,” “you are thought of,” (Maximum 10 per family)

**Websites:**

**Main website:** <https://annapolislighthouse.org/>

**Housewarming kits:** [https://annapolislighthouse.org/wp-content/uploads/2021/01/Light-House-Housewarming-Kits-Individuals\\_2021-01-V2.pdf](https://annapolislighthouse.org/wp-content/uploads/2021/01/Light-House-Housewarming-Kits-Individuals_2021-01-V2.pdf)

**Bagged lunch information and signup:** [https://annapolislighthouse.org/wp-content/uploads/2022/02/Light-House-UNBagged-Lunch-Instr-COVID\\_2022-02-V1.pdf](https://annapolislighthouse.org/wp-content/uploads/2022/02/Light-House-UNBagged-Lunch-Instr-COVID_2022-02-V1.pdf)

## Paul's Place

1118 Ward Street Baltimore MD 21230 (410) 625-0775

**Mission:** To be a catalyst and leader for change, improving the quality of life in the Southwest Baltimore communities. Paul's Place provides programs, services, and support that strengthen individuals and families, fostering hope, personal dignity and growth.

### Typical Volunteer Times

- Lunch (Monday through Friday: 10 AM – 1 PM)
- Marketplace (Clothing Bank) (Wednesday through Friday: 10 AM – 1 PM)
- Sorting Donations (Monday through Friday: 10 AM – 1 PM)
- Elementary School Mentoring (Monday through Friday: 3 PM – 4 PM)

### Volunteer Requirements

- Pre-register
- Fill out waiver

### Additional Requirements for After 3 PM mentor:

- Age 18+
- Pass a background check
- Commit to at least once a week

### Programs and Services Offered:

- Hot Lunch
- Emergency Food Pantry
- Clothing Marketplace
- Laundry
- Showers
- Mail and Fax Services
- Computer Lab
- Peer Recovery Services (One on one support and recovery resources)
- Health and Wellness Nurses Clinic
- Walk-in Case Management
  - o Benefit application
  - o Housing search and application
  - o Vital documents
  - o IDs
  - o Community resources

### Volunteer Opportunities

- Dining Room
  - o Hot Lunch team member
  - o Dishwasher
  - o Food tray/Plate Runner

- Water (Hydration station) aide
- Trash collector/Exit assistant
- Cleaning tables
- Ticket collector
- Count taker
- Front Door/Ticket Distributor
- Market Place
  - Personal shopper
  - Clothing sorter
  - Sign in/receptionist
- Additional Jobs
  - Computer lab assistant
  - Laundry Room Aide
  - Food Box Packer/Runner
- Additional Volunteer Opportunities
  - Holiday programs
  - Special events
  - After 3 PM Mentor

**Websites:**

**Main website:** <https://paulsplaceoutreach.org/>

**Volunteer Handbook:** <https://paulsplaceoutreach.volunteerhub.com/go/u/bgz>

**Pre-registration:** <https://paulsplaceoutreach.volunteerhub.com/>

## Arundel House of Hope

514 N. Crain Highway, Suite K Glen Burnie MD 21061 (410) 863-4888

**Mission:** The Arundel House of Hope is a non-profit ecumenical organization that provides emergency, transitional, and permanent affordable housing for the poor and those experiencing homelessness in Anne Arundel County. We are committed to provide all other support services in a professional, dignified, supportive, and respectful manner.

### Typical Volunteer Times

- Guest advocate – Flexible days and hours (including weekends)
- Day Center Case Management – (Monday through Friday: 9 AM – 4 PM, shifts)
- Day Center Office Admin – (Monday through Friday: 9 AM – 4 PM, shifts)
- Day Center IT Support – (Monday through Friday: 9 AM – 4 PM, shifts)

### Volunteer Requirements

- Fill out application
- 18+ or be with an adult
- Training required
- Commit to working weekly for up to 12 months (Guest advocates only)

### Programs and Services Offered:

- Community Recovery Center
  - Substance and alcohol twelve step meetings
  - Support groups
  - Social skills workshops
  - Access to vocational training
  - Literacy courses
  - Referrals to on-site free health clinic
- Men's Transitional housing
- Micah 6 Project: Case management during first 6-12 months of being housed after experiencing homelessness
- Resource and Day Center:
  - Daytime shelter
  - Hospitality services
  - Sanitary services (restrooms, shaving, and showers)
  - Professional services (phone and mailboxes)
  - Case management
  - Assistance with housing search
  - Referrals for other assistant agencies
- Permanent housing placement

### Volunteer Opportunities:

- Guest advocate – Working through the Micah 6 program to help clients with transition and after they move into permanent housing. (Flexible)



- Day Center Case Management – Working one-on-one with clients to help find permanent housing (9-4, Monday through Friday)
- Day Center Office Admin – Working with the day center staff to achieve day center goals on a day-to-day basis. (9-4 Monday through Friday)
- Day Center IT Support – Helping with computers and networks. Administrative support (helping with data base, inputting data, etc...) (9-4 Monday through Friday, flexible hours)

**Websites:**

**Main website:** <http://www.arundelhoh.org/home.html>

**Volunteer Application:** <http://arundelhoh.org/howtohelp/Volunteer-Application-2018.pdf>

## SPAN

400 Benfield Rd. Severna Park, MD 21146 (410) 647-0889

**Mission:** The primary mission of SPAN, a faith-based, nondenominational ministry, begun by local Christian churches, shall be to provide food and/or financial assistance to qualified individuals and families to help them through critical or emergency situations.

### **Typical Volunteer Times**

- Interviewer (Monday through Thursday: 10 AM – 1:30 PM)
- Pantry Workers (Clothing Bank) (2-3 hour shift Monday through Thursday: 9 AM – 12 PM)
- Various large events (5k race, etc...)

### **Volunteer Requirements**

- No registration, but call SPAN prior to volunteering the first time

### **Programs and Services Offered:**

- Food Pantry
- Emergency Financial Assistance

**Main website:** <https://www.spanhelps.org/>



## YWCA

1517 Ritchie Highway, Suite 201 Arnold, MD 21012 (410) 626-7800

**Mission:** The YWCA is dedicated to eliminating racism, empowering women and promoting peace, justice, freedom and dignity for all.

### Typical Volunteer Times

- 
- Hotline Support (24 hours-a-day, 7 days-a-week)
- Education and Training at Domestic Violence Safe House (Monday through Friday: 10 AM – 1 PM)

### Volunteer Requirements

- Volunteer application
- Comprehensive Training (Hotline support and client advocate, and volunteering at Safe House)
- Long-term commitment (Hotline support and client advocate, and volunteering at Safe House)

### Programs and Services Offered:

- Domestic Violence Hotline – Connect to a trained advocate to assist with social, emotional, residential, and resource needs of victims of domestic violence
- Safe House – Provides shelter to victims of abuse
- Counseling – Outpatient counseling center
- Legal services – Legal services to victims of domestic violence on a fee-scale basis
- Abuser intervention – Support and educational program for individuals who have been abusive to others.

### Volunteer Opportunities

- Domestic Violence Hotline Support
- Client Advocate
  - Provide accompaniment for victims to the police department, a hospital, or other medical provider
  - Provide legal accompaniment
- Education and Training at Domestic Violence Safe House
  - Budgeting
  - Yoga
  - Stress relief
  - Painting
  - Exercise
  - Etc...
  - Personal shopper
  - Clothing sorter
  - Sign in/receptionist

**Websites:**

**Main website:** <https://www.annapoliswca.org/>

**Volunteer Information:** <https://www.annapoliswca.org/volunteer>

## Orphan Grain Train

**621 East-West Blvd. Millersville, MD 21108 (410) 417-9674**

**Mission:** In loving response to Christ, the Servant, the Orphan Grain Train movement encourages and enables God's people to share personal and material resources in bringing Christ's name and character to needy people both far and near.

### **Typical Volunteer Times**

- Sorting and packing (Tuesday 9 AM – 12 PM, 5 PM – 7 PM, Second Saturday of the month 9 AM – 12 PM)

### **Volunteer Requirements**

- 3 Minute video the first time you volunteer

### **Programs and Services Offered:**

- o Deliver clothing, food, medical items, blankets, and other needed items to where needed domestically and internationally.

### **Volunteer Opportunities**

- Sorting donations onsite.

### **Websites:**

**Main national website:** <https://www.ogt.org/>

**Main local website:** <https://www.ogt.org/branches/md/>

## Hope for All

**122 Roesler Rd. Glen Burne MD 21060 (410) 766-0372**

**Mission:** Hope For All is a Christian ministry whose mission is to provide basic necessities (i.e. furniture, housewares, clothing and personal items) to families and individuals without sufficient economic resources. We are a public 501 (c) (3) non-profit serving residents of Anne Arundel County and parts of Baltimore City. We only serve parts of the city along the Anne Arundel County border based on partner referrals. We seek to bolster the dignity of disadvantaged families, without discrimination, by providing for their basic human needs. Great efforts are taken to promote responsibility, not dependency. We strive not to diminish the incentive of individuals and families to provide for themselves and find meaningful work. HOPE For All is committed to accomplishing its mission primarily by engaging compassionate volunteers of all ages, from all walks of life, in meaningful and productive service. We seek not to compete with, but to support and work with other non-profits, churches and agencies to serve our community.

### **Typical Volunteer Times**

- Pickup and Delivery Volunteer (Tuesday through Thursday or Saturday: 8:30 AM – 12 PM)
- Clothing, Linens, Household or Baby Items volunteer (Tuesday through Thursday: 9:30 AM – 3 PM)
- Yard Sale Volunteer (Tuesday through Thursday: 9:30 AM through 3 PM)
- Intake Team (Flexible)

### **Volunteer Requirements**

- Be able to lift 50 pounds (Pickup and Delivery Volunteer)
- Training (Clothing, linens, household or baby items volunteer)
- Commitment of 2 hours per week (Clothing, Linens, household or baby items, Yard sale volunteer, and Intake team)
- Be comfortable in sharing your faith and praying with others (Intake team)
- Provide your own transportation (Intake team)
- Call 410-766-0372 to schedule training and volunteer time

### **Programs and Services Offered:**

- Turning Houses into Homes: Helps people transitioning from homelessness to furnish their homes with furniture, clothing, kitchen supplies, and household goods.
  - o Accepts donations from the community
  - o Purchases items that are not donated
- Head to Toe: Provides public school children with school supplies, shoes, and clothing.
- Next Step Clothing: Provides emergency clothing for those who are taking the next step in their lives. Works with crisis response workers and social services.
- Clothing Giveaways

- Appalachia: Sends excess clothing, winter coats, linens, school supplies, and books to the communities of Terra Alta and Bruceton Mills, West Virginia

### **Volunteer Opportunities**

- Pickup and Delivery Volunteer
  - o Assist in the pickup and delivery of furniture, household goods, linens, and clothing to clients
- Clothing, Linens, Household or Baby Items
  - o Sort, size, and restock shelves
- Yard Sale Volunteer
  - o Sort, price, and organize yard sale merchandise
- Meet with clients in their homes and fill out necessary paperwork

### **Websites:**

**Main website:** <https://www.hopeforall.us/>

**Volunteer Information:** <https://www.hopeforall.us/get-involved>



## Wellness House of Annapolis

**2625 Mas Que Farm Rd Annapolis MD 21403 (410) 990-0941**

**Mission:** The mission of Wellness House of Annapolis is to provide support, education, and services to help individuals and families who have been touched by cancer recover their health and well-being in a home-like environment.

### **Typical Volunteer Times**

- Paraprofessional and Professional Practitioners
- Administrative Support
- Courier
- Prayer Chain Support
- Wellness House Well-Wisher: Connecting with members over the phone to provide kindness and compassion

### **Volunteer Requirements**

- Volunteer application

### **Programs and Services Offered:**

- Individual and family counseling
- Support Groups
  - o Caregivers support group
  - o Advanced cancer support group
  - o Survivors support group
  - o Men's cancer support group
  - o Living with cancer support group
  - o Multiple Myeloma support group
  - o Young Adults support group
  - o Cancer loss bereavement support group
- Health and well being programs
  - o Yoga
  - o Meditation
  - o Individual massage, healing touch, reiki, reflexology
- Education programs
  - o Educational seminars
  - o Healing music series
  - o Nutrition series
- Activities
  - o Tea time
  - o Game time
  - o Book club
  - o Therapeutic art class
  - o Quarterly member gatherings
- Kidz Coping Support Group

- Kids summer camp

### **Volunteer Opportunities**

- Paraprofessional and Professional Practitioners
  - o Licensed and certified professionals offer services (ex. Meditation, music, art, etc...)
- Administrative Support
  - o Data entry
  - o Scanning
  - o Electronic filing
  - o Follow up phone calls
  - o Scheduling emails
  - o Zoom meeting support
- Courier
  - o Delivering materials to members homes in Anne Arundel, Prince George, and Howard county
- Prayer Chain Support
- Wellness House Well-Wisher: Connecting with members over the phone to provide kindness and compassion

### **Websites:**

**Main website:** <https://www.annapoliswellnesshouse.org/>

**Volunteer Information:** <https://www.annapoliswellnesshouse.org/get-involved/volunteer/>

### **Volunteer Application:**

<https://forms.office.com/Pages/ResponsePage.aspx?id=nTSiyJLP202F0Oa60zag1Ggc63TZeGZKiRCUghebguVUNUU2WFhROEdZTzdQNTdGOUJGSDVJVDZJMyQIQCN0PWcu>